



# Transformational Kinesiology (TK) 2018 Program



3 new and exciting courses in February 2018 from Grethe Fremming, International Polaris Centre, Copenhagen, Denmark.

All workshops are to be held at:

The Centre, 14 Frances St, Randwick, Sydney  
[www.thecentre.com.au](http://www.thecentre.com.au)

## February 3, 2018

### The Psychology of Joy

If you have ever felt down or overwhelmed at day-to-day tensions happening on a personal, local, national or even global level then this course is for you.

Experience the benefits of Transformational Kinesiology (TK) & Esoteric Astrology in this one-day workshop with founder and master teacher Grethe Fremming from Polaris International College in Denmark.

You will discover hidden abilities and possibilities for your life, and learn new tools to transform your life with a new perspective for the future.

TK is unique modality that combines kinesiology with the principles of esoteric psychology, esoteric astrology and the science of subtle energy.

**Cost: \$195**

## February 4-6, 2018

### Brain-Yoga

Most people think of yoga as the asanas or positions we move our body through. Inner yoga is just as important and can open the door to the innate power and intelligence that is already within you.

Using your personal astrology chart, this course will help you reconnect with your inner joy and wisdom and gain a deeper understanding of your own life purpose and energy.

Brain Yoga helps us to take better care of ourselves and see our own lives unfold differently, as well as helping us become better leaders in our communities.

**Cost: \$585**

## February 9-13, 2018

### The Bridge

With turbulence unfolding across the globe this year, Right Human Relations is an ancient spiritual concept that has never been more important.

One of the biggest contributions we can make as individuals is to come into right relationship with ourselves, learning to connect the heart and the head. Doing so liberates us from the tangles of a life that's run purely by our small human personalities and moves us towards living in service to the Soul.

Through your personal astrology chart you will learn new ways to apply ancient wisdom and spiritual concepts in your daily life, bridging the space between the mystical path of the heart and the practical path of the head.

**Cost: \$975**

For further information contact:

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To register, visit:

[www.dreamingweb.com.au/workshops](http://www.dreamingweb.com.au/workshops)